



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SPRING INTO NEW PROGRAMS

March, April & May Youth Programs
 GREATER SCRANTON YMCA

PROGRAM	AGE	DAY	TIME	LOCATION
Basketball	3-5 6-9	Saturday Saturday	9:00-9:30 am 9:30-10:15 am	Gym B Gym B
Dodgeball Play	7-12	Monday	5:00-5:45 pm	Gym B
Fitness Fusion	10-12	Tuesday	5:00-5:45 pm	Wellness Center
Imagination Playground	3-5	Wednesday	11:00-11:30 am	Multi Purpose Room
Messy Art	3-6	Thursday	10:30-11:00 am	Program Room
Obstacle Course & Parachute Play	3-5	Tuesday	10:30-11:00 am	Multi Purpose Room
Sports Galore	3-6	Monday	4:00-4:30 pm	Gym B
Tee-Ball	3-5	Tuesday	4:00-4:30 pm	Multi-Purpose Room
Wiffle Ball	6-9	Thursday	4:00-4:40 pm	Gym B
Young Brainiacs	6-9	Tuesday	5:00-5:45 pm	Program Room

FAMILY MEMBER: FREE MEMBER: \$10 NON-MEMBER: \$40
 Registration opens the first of the month prior to the program start date.
 Registration must be completed online.



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PROGRAM DESCRIPTIONS

Basketball – Dribbling, passing, shooting, and defense. Come learn the fundamentals of playing basketball in a fun and noncompetitive environment.

Dodgeball – Duck, dip, dive and dodge your way to a great time. This program is a supervised event that teaches the correct way to play the wonderful game of dodgeball. Participants will be divided up into different teams at each meeting time and will have a "ball" playing while getting a great workout too! Safe, gatorskin balls will be used for this program.

Fitness Fusion– Fitness has many perks, and you want them all! It is never too early to develop healthy exercise habits. Fitness Fusion is designed to help children understand the benefits of exercise and also how to exercise safely. This FUN 45-minute class mixes cardio and strength to help build a love for fitness!

Imagination Playground – Imagination playground is a mobile block-based play system that transforms children's minds, bodies, and spirits through active, creative play. It will inspire children to design their own inventions, environments, and activities.

Messy Art– Your little ones will enjoy getting messy with finger paints and water colors and you don't have to worry about the cleanup! Kids will enjoy a half hour of fun filled art and craft related activities that will have them exploring their messy side. **PLEASE DRESS YOUR CHILDREN IN OLD CLOTHES, they will get messy.**

Obstacle Course and Parachute Play – Fun-filled class consisting of a variety of obstacles and parachute activities.

Sports Galore – Youth will play a variety of sports every Monday such as football, baseball, kickball, and hockey. We will teach basic skills and drills to better help understand each sport.

Tee-ball – Youth will learn Tee-ball as a team sport based on simplifying baseball and softball. It is intended as an introduction for children to develop ball-game skills and have fun.

Wiffle Ball – Come learn the fundamentals of wiffle ball and play structured games in a noncompetitive environment.

Young Brainiacs – Join us as we explore all things science, Each week youth will take part in a different project to develop a love and understanding for science.