



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL INTO FUN

Fall Youth Programs GREATER SCRANTON YMCA

PROGRAM	AGE	DAY	TIME	LOCATION
Archery	6-10 8-12 9-13	Thursday Monday Wednesday	4:00-4:45 pm 4:30-5:15 pm 4:30-5:15 pm	Multi Purpose Room
Arts & Crafts	3-5 3-5 6-10	Wednesday Saturday Wednesday	4:45-5:15 pm 9:45-10:15 am 5:30-6:16 pm	Program Room
Ballet	3-5	Tuesday	10:45-11:30 am	Group Exercise Room
Basketball	3-5 3-5 6-9	Wednesday Saturday Saturday	5:30-6:00 pm 9:00-9:00 am 9:30-10:15 am	Gym B
Beginner Gymnastics	5-7 8-12	Tuesday Tuesday	5:45-6:30 pm 6:30-7:15 pm	Gym B
Circuit Training	10-12	Tuesday	4:00-4:45 pm	Wellness Center
Cooking	3-5	Wednesday	4:00-4:30 pm	Program Room
Dodgeball <i>*September and December Only</i>	6-10	Mondays	6:15-7:00 pm	Gym B
Floor Hockey	6-9	Tuesday	4:00-4:45 pm	Multi Purpose Room
Games Galore	3-6	Monday	11:00-11:30 am	Multi Purpose Room
Imagination Playground	3-5 3-5	Tuesday Wednesday	5:00-5:30 pm 11:00-11:30 am	Program Room/ New Multi Purpose Room
Messy Art	3-5 3-5	Thursday Thursday	10:30-11:00 am 6:00-6:30 pm	Program Room
Obstacle Course	3-5	Tuesday	10:30-11:00 am	Multi Purpose Room
Preschool Gymnastics	3-4	Tuesday	5:00-5:30 pm	Gym B
Racquet Sports	6-10	Wednesday	6:15-7:00 pm	Gym B
Soccer <i>*September & December Only</i>	3-5	Monday	5:30-6:00 pm	Multi Purpose Room
Story & Song Time	3-5	Tuesday	10:00-10:30 am	Program Room
Young Brainiacs	6-9	Thursday	5:00-5:45 pm	Program Room

FAMILY MEMBER: FREE MEMBER: \$10 NON-MEMBER: \$40
Registration opens the first of the month prior to the program start date.
Registration must be completed online.



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PROGRAM DESCRIPTIONS

Archery – Archery is one of the few sports where athletes of all ages, levels and abilities can participate together. You will learn the basics of Archery, including equipment, safety, range commands & shooting technique

Arts & Crafts– Bring your creativity to life! /gluing, painting, coloring, cutting, socialization and fun!

Ballet– Youth are introduced to music and movement through creativity and group interaction with age appropriate exercises that allow safe practice of the basic shapes, positions and postures of ballet.

Basketball – Dribbling, passing, shooting, and defense. Come learn the fundamentals of playing basketball in a fun and noncompetitive environment.

Beginner Gymnastics– Introduction to the basic skills of gymnastics

Circuit Training– Let's get fit! This fun and age appropriate circuit training class will have your children exercising in a positive and encouraging environment.

Cooking– Basic hands-on cooking recipes that are fun, easy and ready to eat for youth !

Dodgeball – Duck, dip, dive and dodge your way to a great time. This program is a supervised event that teaches the correct way to play the wonderful game of dodgeball. Participants will be divided up into different teams at each meeting time and will have a "ball" playing while getting a great workout too! Safe, gatorskin balls will be used for this program. **September and December Only**

Floor Hockey– Enjoy all the elements of Ice Hockey but in a safe and WARM setting. Kid will learn to work as a team to score that winning goal!

Games Galore– Parachute, ball activities, hula hoops and preschool games will all be introduced so your kids have a fun and exciting time!

Imagination Playground – Imagination playground is a mobile block-based play system that transforms children's minds, bodies, and spirits through active, creative play. It will inspire children to design their own inventions, environments, and activities.

Messy Art– Your little ones will enjoy getting messy with finger paints and water colors and you don't have to worry about the cleanup! Kids will enjoy a half hour of fun filled art and craft related activities that will have them exploring their messy side. **PLEASE DRESS YOUR CHILDREN IN OLD CLOTHES, they will get messy.**

Obstacle Course – Fun-filled class consisting of a variety of obstacles and parachute activities for the children to conquer.

Preschool Gymnastics– Introduction to the basic skills of gymnastics. Child must be potty trained.

Racquet Sports– Kids will learn how to play the popular racquet sports; pickleball, badminton and tennis. Get ready to serve because this class is an ACE!

Soccer – Practice the basic skills that will make you stand out as a soccer player. Come learn the fundamentals of soccer in a non-competitive environment. **September & December Only**

Story & Song Time – Through stories and songs, parents (or caregivers) and their little ones class will combine music, storytelling and imaginative play with age-appropriate activities that introduce early music concepts and foster independence, social and emotion skills, language growth and self control. **Adult must accompany the child.**

Young Brainiacs – Join us as we explore all things science! Each week youth will take part in a different project to develop a love and understanding for science.