



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# A CLASS FOR EVERY LIFESTYLE



## KARATE & JUDO GREATER SCRANTON YMCA

Join the Greater Scranton YMCA for Karate and Judo classes! Soo Bahk Do Karate develops strength, balance, flexibility and concentration. Judo strengthens your body, disciplines your mind and increases self-confidence. For more information, please contact Karen Clause at [kclause@greaterscrantonyymca.org](mailto:kclause@greaterscrantonyymca.org), call (570) 342-8115 or visit [www.greaterscrantonyymca.org](http://www.greaterscrantonyymca.org).

### Adult Karate (ages 14 & up) Tues/Thurs 7:15-8:30p.m.

January	2-30	Family Member: \$45	Member: \$45	Non-member: \$90
February	1-27	Family Member: \$40	Member: \$40	Non-member: \$80
March	1-29	Family Member: \$45	Member: \$45	Non-member: \$90
April	3-26	Family Member: \$40	Member: \$40	Non-member: \$80
May	1-31	Family Member: \$50	Member: \$50	Non-member: \$100

### Youth Karate (ages 6-13) Tues/Thurs 6:00- 7:00 p.m.

January	2-30	Family Member: \$45	Member: \$45	Non-member: \$90
February	1-27	Family Member: \$40	Member: \$40	Non-member: \$80
March	1-29	Family Member: \$45	Member: \$45	Non-member: \$90
April	3-26	Family Member: \$40	Member: \$40	Non-member: \$80
May	1-31	Family Member: \$50	Member: \$50	Non-member: \$100

### Judo (ages 7 & up) Mondays & Wednesdays 7:30-9:00pm Monthly

1 day/week:	Family Member :\$36	Member :\$36	Non-Member: \$45
2 days/week:	Family Member :\$46	Member :\$46	Non-Member :\$55
Black Belt	\$30		